A Residency in the Heart of New York City
Table of Contents

Welcome .......................................................................................................................... 1
About Our Organization.................................................................................................. 2
Our Mission .................................................................................................................... 3
Community Collaboration .............................................................................................. 4
Innovations ..................................................................................................................... 4
Curriculum and Program Highlights: Fall 2022 ............................................................ 5
Family Medicine Residency Rotation Schedule .......................................................... 7
Residency Faculty .......................................................................................................... 8
Leadership and Accomplishments ............................................................................... 12
Research and Publications .......................................................................................... 14
Alumni ........................................................................................................................... 16
How to Apply .................................................................................................................. 18
Welcome!

Welcome to the exciting world of Family Medicine in New York City. At the Icahn School of Medicine at Mount Sinai Program (Downtown Residency in Urban Family Medicine), we offer an innovative training program for those who want to make a difference for America’s most medically underserved individuals. We are committed to the provision of comprehensive, coordinated, and culturally-competent care to our community, and we are devoted to providing our residents with the tools, skills, and vision necessary to become excellent clinicians and patient advocates.

New York City has been a safe harbor for waves of immigrants, creating a rich fabric of diverse neighborhoods. We serve a broad array of patients, spanning many cultures, ages, and socioeconomic groups, including those who are uninsured. Our residents care for, and act as advocates for, our patients and their communities.

Our program trains residents for leadership positions in a complex urban setting. We pride ourselves on the breadth of training opportunities we provide. Our health center employs the most innovative health information technology available to promote preventive care and health information exchange, including a patient portal in English and Spanish. Our advanced technology enabled residents to quickly provide telemedicine as an option for serving patients as the Covid-19 pandemic emerged.

Our residents are deeply involved in community outreach, and they participate in a grant-funded school health clinic program at a high school just a few blocks away. Residents are also trained to provide comprehensive reproductive health care, including the provision of a full scope of contraceptive options. In addition, Integrative Medicine training is fully incorporated into the curriculum. We offer you the opportunity to reinvigorate and reinvent health care in New York City as a resident in our program. Come join us.

Sincerely,

Robert Schiller, MD
Chair, Alfred and Gail Engelberg
Department of Family Medicine
Icahn School of Medicine at Mount Sinai
Senior Vice President, The Institute for Family Health
Interim Program Director
About Our Organization

The Icahn School of Medicine at Mount Sinai Program (Downtown Residency in Urban Family Medicine) has long been a vibrant family medicine anchor in Manhattan. The program is a collaboration between the Mount Sinai Health System, the Alfred and Gail Engelberg Department of Family Medicine and Community Health at the Icahn School of Medicine at Mount Sinai (ISMMS), and the Institute for Family Health.

The Program’s home and ambulatory training site is at the Institute for Family Health’s West 17th Street Health Center, located in the Chelsea neighborhood of Lower Manhattan. Residents of the ISMMS Program (Downtown) (formally the Mount Sinai Beth Israel Program) complete their inpatient training rotations in pediatrics, obstetrics and adult medicine at The Mount Sinai Hospital. This internationally acclaimed tertiary care facility with 1,134 beds provides superb training for our inpatient service, which is jointly operated by the ISMMS Program (Downtown) and its sister program, the Harlem Residency in Family Medicine. Residents from both programs share inpatient call responsibilities.

In a unique academic partnership, the Institute for Family Health operates Mount Sinai’s Department of Family Medicine and Community Health and the Icahn School of Medicine at Mount Sinai Program (Downtown Residency in Urban Family Medicine) sponsored by ISMMS. The Institute is a non-profit organization founded in 1983 with a mission to increase access to high-quality primary care services to medically underserved populations, which includes training a health care workforce attuned to the needs of these populations. As a federally qualified community health center (FQHC) network, the Institute meets national standards for affordable, accessible, and comprehensive health care services. The Institute is accredited by the Joint Commission and has been designated a Level 3 patient-centered medical home by the National Committee for Quality Assurance, the highest recognition available. It has also won numerous national awards for the innovative use of health information technology in the service of the underserved.
Our Mission

The mission of ISMMS Program (Downtown) is to prepare family physicians to serve as leaders in urban health care. The family medicine model of care is based on a holistic approach to health that integrates psychological, social, economic, and environmental determinants of health with biomedical factors.

Our residency program builds upon the comprehensive approach of family medicine with an emphasis on the particular needs of medically underserved communities. The population we serve is diverse and requires a specialized skill set. Cultural competency is crucial to providing optimal care for our patients.

We are proud of our residents’ skill and professionalism in addressing the challenges of the covid-19 pandemic. As family physician residents, they are learning to provide comprehensive primary care to our diverse patients through telehealth and in-person visits as well as state-of-the-art inpatient care supported by advanced clinical and biomedical research. Our goal is to train our residents to provide the best possible care to our community so that our patients can live healthy and productive lives.
Community Collaboration

- Good Shepherd Services
- Health Care for the Homeless
- Washington Irving High School
- Upper East Side Rehabilitation and Nursing Center
- Planned Parenthood

Innovations

- Advanced use of electronic medical records
- Integrative medicine web-based training
- Acupuncture/osteopathic manipulation
- Model contraception clinic
- Point of Care Ultrasound (POCUS) curriculum
- Cultural competency training
- Motivational interviewing training
- Health disparities teaching
- Health education
- Integrative Medicine consultation clinics
- Interactive conference schedule
- Longitudinal Elective in HIV Primary Care leading to AAHIVM certification
- Care for LGBTQ communities
- Gender-affirming care
- Trauma-informed care
Curriculum and Program Highlights: Fall 2022

**Urban Underserved Medicine**
- FQHC training site with diverse patient population from all over NYC with opportunities to care for undocumented and uninsured patients.
- Training in homeless shelters.
- Correctional health.
- Work with community organizations.
- Suboxone training.

**Integrative Medicine (IM): Comprehensive, Nationally-Recognized Training**
- National program in longitudinal training in Integrative Medicine starts in 1\textsuperscript{st} year.
- 4 full weeks of block training in Integrative Medicine in 2\textsuperscript{nd} year.
- Integrative Medicine, Acupuncture, and Nutrition consultations on site.

**HIV COMPASS Longitudinal Elective**
- Opportunity for 2 residents each year to participate in a 2 year longitudinal elective training in HIV care, with training also in Hepatitis B and Hepatitis C management.
- Work with dedicated HIV care management and behavioral health team (COMPASS).

**Reproductive Health: Comprehensive, Nationally Recognized Training**
- Training in Options Counseling and extensive contraception procedures.
- Innovative Group Prenatal Visit training for all residents.
- Training at affiliated Planned Parenthood Site.
- Trauma-informed care for survivors of sex trafficking.

**Adolescent Medicine in the School-Based Health Center**
- Caring for students at an underserved neighboring high school.
- Program leadership and faculty have contributed to national residency curriculum on adolescent medicine.
- Care for Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) youth experiencing homelessness/unstable housing at Ali Forney, a local drop-in center.

**Patient Centered Medical Home**
- Rotation to investigate barriers to excellence of care between inpatient and outpatient.

**Chronic Diseases including HIV**
- New rotation to investigate management of chronic illnesses with focus on HIV and diabetes.
- Option to participate in HIV certification pathway.

**Training using Electronic Health Records (EHR)**
- Training site uses EPIC, state-of-the-art EHR with a patient portal available in English and Spanish and extensive clinical reports for reviewing and improving practice patterns.
**Superior Faculty in Biopsychosocial Training**
- Two PhD Psychologists train residents in counseling and complex patient management.
- Active Resident and Faculty Balint groups.

**Pharmacist Faculty**
- Two PharmD faculty from local university: one inpatient, one outpatient actively involved in daily rounds and precepting.

**Resident Well-being**
- Resident Support Group.
- Buddies/Advisors/Mentors.
- Resident Retreats.

**Diverse Patient Population at Training Site**
- All economic and multiple ethnic backgrounds.
- Support from strong social service department.
- Work with homeless programs and affiliated community organizations.

**Academic/ Research Activities**
- Formal research curriculum and opportunities for involvement in a variety of active studies.
- All residents participate in regional and/or national conferences.
- Supervision of rotating medical students from medical schools across the nation.

**Rural Training**
- Opportunities with affiliated program in Mid-Hudson Residency in Family Medicine, Kingston, NY.

**Employment Opportunities**
- One-third of our graduates found employment within the Institute for Family Health, Mount Sinai Medical Center or Mount Sinai Beth Israel Medical Center.

**Integrative Collaborative Care with Behavioral Health**
- Mental Health Services.

**Elective Opportunities**
- Correctional Health.
- Advanced OB.
- Homeless sites.
- Sports Medicine.
- Children with Disabilities.

**Fellowship Opportunities**
- Reproductive Health Care and Advocacy Fellowship.
- Integrative Medicine Fellowship.
- Clinical Research Fellowship in Family Medicine.
- Addiction Medicine Fellowship.
Family Medicine Residency Rotation Schedule

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<th>Weeks</th>
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<tr>
<td>Adult Medicine</td>
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<tr>
<td>Elective</td>
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<tr>
<td>Emergency Department</td>
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<tr>
<td>Family/Community Medicine</td>
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<tr>
<td>Inpatient Pediatrics</td>
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<td>Newborn Nursery</td>
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<tr>
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<tr>
<td>Patient Centered Medical Home</td>
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<td>Pediatric Emergency Department</td>
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<td>Psychiatry</td>
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<td>Critical Care</td>
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<tr>
<td>Dermatology</td>
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<tr>
<td>Elective</td>
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<tr>
<td>Geriatrics</td>
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<tr>
<td>Gynecology</td>
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<tr>
<td>Integrative Medicine</td>
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<tr>
<td>Obstetrics</td>
<td>4</td>
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<tr>
<td>Pediatric Emergency Department</td>
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<tr>
<td>Pediatric (outpatient)</td>
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<tr>
<td>Practice Management</td>
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<td>Psychiatry Liaison</td>
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<tr>
<td>Surgery</td>
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<tr>
<td>Vacation</td>
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<th>Third Year</th>
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<td>Adult Emergency Department</td>
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<td>Adult Medicine</td>
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<tr>
<td>Chronic Disease</td>
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<tr>
<td>Dermatology</td>
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<tr>
<td>Elective</td>
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<tr>
<td>Geriatrics</td>
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<tr>
<td>Obstetrics</td>
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<tr>
<td>Orthopedics</td>
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<tr>
<td>Pediatric Emergency Department</td>
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<tr>
<td>Practice Management</td>
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<tr>
<td>Sports Medicine</td>
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<tr>
<td>Surgery with Subspecialties</td>
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<tr>
<td>Vacation</td>
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### Residency Faculty

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<thead>
<tr>
<th>Name</th>
<th>Title and Affiliations</th>
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<tbody>
<tr>
<td><strong>Robert Schiller, MD</strong></td>
<td>Chairman, Interim Program Director, Alfred and Gail Engelberg Department of Family Medicine, New York University, Residency: Montefiore Medical Center, Bronx, NY</td>
</tr>
<tr>
<td><strong>Radeeb Akhtar, MD, MPH, AAHIVS</strong></td>
<td>Associate Program Director, New York University, BA, New York Medical College MD &amp; MPH, Residency: Kaiser Permanente San Diego Family Medicine Residency Program, Fellowship: Kaiser Permanente Southern California Community Medicine</td>
</tr>
<tr>
<td><strong>Sara Beth Karp, MD, FAAFP</strong></td>
<td>Associate Program Director, Attending Physician, University of California, Davis School of Medicine, Residency: Lancaster General Hospital Family Practice Residency, Lancaster, PA</td>
</tr>
<tr>
<td><strong>Ginger Gillespie, MD</strong></td>
<td>Medical Director, The Institute for Family Health at 17th Street, Reproductive Health, SUNY Health Science Center at Brooklyn, Residency: Beth Israel Residency in Urban Family Medicine, New York, NY</td>
</tr>
<tr>
<td>Name</td>
<td>Title</td>
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| Lauren Hoogewerff, MD  | Core Faculty                 | Bachelor of Science: University of Connecticut  
Doctor of Medicine: Tufts University School of Medicine  
Residency: Tufts University Family Medicine Residency at Cambridge  
Health Alliance Fellowship: Tufts Master Teacher Fellowship at Cambridge  
Health Alliance Masters of Medical Education University of Dundee (Scotland) |
| Insung Min, MD, MPH, AAHIVS | Core Faculty  
Patient Centered Medical Home Coordinator  
HIV Specialist | Jefferson Medical College; University of Michigan School of Public Health  
Residency: Montefiore Medical Center Residency Program in Family and Social Medicine, Bronx, NY |
| Raymond Teets, MD      | Core Faculty                 | Integrative Medicine Fellowship Co-Director  
MCP Hahnemann School of Medicine  
Residency: Trident Family Medicine, Cypress, CA |
| Camila Rivera-Morales, PhD | Core Faculty  
Behavioral Scientist | MA, Clinical Psychology The New School for Social Research  
PhD, Clinical Psychology, The New School for Social Research  
Internship & Postdoctoral Fellowship New York Presbyterian-Columbia University Medical Center |
Regina Ginzburg, PharmD  
Clinical Pharmacy Faculty  
Outpatient Pharmacology Curriculum  
*St John's University, BS Pharmacy and PharmD*

Goldie Alfasi, PhD  
Faculty  
Director of Behavioral Science  
*PhD in Clinical Psychology, Columbia Presbyterian Medical Center*

Rachel Roth, MD, AAHIVS  
Faculty  
Medical Director of the School-Based Health Program  
HIV Specialist  
Washington Irving High School  
*Saba University School of Medicine  
Residency: Beth Israel Family Medicine Residency Program in Urban Family Medicine*

Jiana Menendez, MD, MPH  
Faculty  
*College of William and Mary, BS  
East Carolina University, MPH  
Icahn School of Medicine at Mount Sinai, MD  
Residency: Downtown Residency in Urban Family Medicine  
Fellowship: Reproductive Health Care and Advocacy Fellowship at Reproductive Health Access Project  
Leadership Training Academy Fellowship at Physicians for Reproductive Health*
Olivia Perlmutt, MD, MPH  
Faculty  
CUNY Graduate School of Public Health and Health Policy  
University of North Carolina School of Medicine, MD  
Residency: Columbia University School of Medicine, Center for Family and Community Medicine

Noreen Singh, MD  
Faculty  
OB/Maternal Health Integrative Medicine  
Yale University School of Medicine  
Residency: UCSF- Santa Rosa Family Medicine Residency Program, San Francisco, CA

Linda Prine, MD, FAAFP  
Faculty  
Medical Director of the Reproductive Health Access Project  
Director of Reproductive Health, The Institute for Family Health  
Cornell University Medical College  
Residency: Montefiore Medical Center – Family Practice Program in Social Medicine

Robert Goldberg, DO  
Faculty  
Physical Medicine and Rehabilitation  
Rutgers University  
Philadelphia College of Osteopathic Medicine  
Residency: St. Vincent’s Hospital and Medical Center of New York, NY
| **Ruth Lesnewski, MD, MS**  
| Faculty  
| *University of California at San Francisco, MD*  
| *Residency: Montefiore Medical Center – Family Practice Program in Social Medicine* |

| **Elsen C. Jacob, PharmD, MS, BCPS, BCGP, CPPS**  
| Clinical Pharmacy Faculty  
| Inpatient Pharmacology  
| *St John’s University, PharmD*  
| *Pharmacy Practice Residency*  
| *Brigham and Women’s Hospital Masters in Epidemiology*  
| *Columbia University* |

| **Robert Murayama-Greenbaum, MD, MPH, FACP, AAHIVS**  
| Faculty  
| HIV Medical Director  
| *SUNY Syracuse School of Medicine*  
| *Columbia University Mailman School of Public Health*  
| *Residency: Montefiore Medical Center/Albert Einstein College of Medicine* |
Leadership and Accomplishments

Neil Calman, MD  Co-Founder, President and CEO, The Institute for Family Health
- Chair, Department of Family Medicine and Community Health, Icahn School of Medicine at Mount Sinai
- Elected Member of the National Academy of Medicine
- Immediate Past Chair, Board of Directors, Community Health Care Association of New York State
- PCDC Primary Care Excellence Award, 2014

Robert Schiller, MD  Senior Vice President, Medical Affairs, The Institute for Family Health, Interim Program Director, Mount Sinai Downtown Residency in Urban Family Medicine
- Chair, Department of Family Medicine, Mount Sinai Beth Israel Hospital
- Vice Chair, Department of Family Medicine and Community Health, Icahn School of Medicine at Mount Sinai
- Chair, Credentialing Committee, Mount Sinai Beth Israel Hospital
- Ethics Committee, Mount Sinai Beth Israel Hospital
- Designated Institutional Official (DIO), The Institute for Family Health

Elsen Jacob, PharmD, MS  Clinical Inpatient Pharmacy Director
- Assistant Professor, St. Johns University School of Pharmacy and Health Sciences
- Faculty Liaison, New York City Society of Health System Pharmacists

Sara Beth Karp, MD  Faculty, Mount Sinai Downtown Residency in Urban Family Medicine
- Teaching Excellence Award 2015, Mount Sinai Health Systems

Robert Murayama-Greenbaum, MD  HIV Director
- New York State AIDS Institute HIV Quality Advisory Committee
- New York State ADAP Medical Advisory Committee
- Clinical Committee and HIV/AIDS Subcommittees, Community Health Care Association of NYS
- LGBT Primary Care Alliance, National Association of Community Health Centers (NACHC)
- Public Policy Committee, American Academy of HIV Medicine.

Linda Prine, MD, FAAFP  Director of Reproductive Health, The Institute for Family Health
- President, New York County Chapter, New York State Academy of Family Physicians
- American Academy of Family Physicians (AAFP) 2021 Thomas W. Johnson Award for Career Contributions to Family Medicine Education
- Society of Family Planning Mentoring Award 2016
- STFM Educator of the Year Award 2018
- AAFP Thomas W. Johnson Award for Career Contributions to Family Medicine Education, 2021
- FMEC Physicians Who Are Changing the World Award, Dr. Linda Prine, 2021
- Co-Founder, Reproductive Health Access Project

Ray Teets, MD  Faculty and Co-Director, Integrative Medicine Fellowship Program
- Secretary of the Consortium of Academic Health Centers for Integrative Medicine
Research and Publications

The Institute faculty and staff engage in clinical and health services research in support of its core mission to provide access to superior primary care, especially to those who are medically underserved. Our research enables us to continually improve the care we offer and to contribute to the advancement of primary care knowledge and practices. Institute research projects have received support from the National Institutes of Health, Agency for Health Care Quality and Research, New York State Department of Health, and a variety of private foundations and have resulted in publications in a wide range of journals.

Key areas of research focus and publication for the faculty of Icahn School of Medicine at Mount Sinai Program (Downtown Residency in Urban Family Medicine) are listed below.

**Reproductive Health**


**Integrative Medicine**


**Health Disparities and Vulnerable Populations**


**Pharmacy**


Alumni

Underserved Settings:
Nicole Neretin, MD, 1997 – Director, Health Care for the Homeless, The Institute for Family Health
Eric Gayle, MD, 1998 – Vice President for Medical Services, The Institute for Family Health
Amy Pandya, MD, 2006 – Associate Regional Medical Director, The Institute for Family Health - Cadman Family Health Center
Sarah Nosal, MD, 2007 – Chief Medical Information Officer, The Institute for Family Health
Amanda Harris, MD, 2015 – Rikers Island Director of Women’s Health
Meera Shah, MD, 2015 – Director, Planned Parenthood Hudson
Mary Brigid Halloran, DO, 2017 – Physician, The Institute for Family Health - Urban Horizons Family Health Center
Margaret Glausser, MD, 2018 – Physician, The Institute for Family Health - Walton Family Health Center

Clinical Care Settings:
James Nguyen, MD, 2004 – Manhattan Physicians Group
Carl Violano, MD, 2008 – Kaiser Permanente, Oakland, CA
Elizabeth Enschede, MD, 2011 – Beth Israel Medical Group
Honore Lansen, MD, 2011 – One Medical Group, New York, NY

Academic Settings:
Adam Szerencsy, DO, 2004 – NYU, Clinical IT
Craig Blinderman, MD, 2005 – Columbia University Palliative Care
Alina Merril, DO, 2005 – Director of the Medical Clinic at MacNeal Family Medicine Residency Program, and Chicago Faculty (Berwyn)
Lauren Oshman, MD, 2007 – University of Chicago
Julia Helstrom, DO, 2008 – Pennsylvania College of Osteopathic Medicine (PCOM)
Anup Bhandiwad, MD 2020 – University of Michigan
Yorgos Strangas, MD, 2016- Center for Family & Community Medicine, Columbia University Medical Center

Fellowships:
Craig Blinderman, MD, 2005 – Pain and Palliative Care, Mount Sinai Beth Israel Medical Center
Shibani Munshi, MD, 2007 – Integrative Medicine, University of Arizona
Noa’a Shimon, MD, 2007 – Reproductive Health, Columbia University Marissa
Harris, MD, 2007 – Reproductive Health, Montefiore Medical Center
Elizabeth McCormick, MD, 2009 – Pain and Palliative Care & OB- Oregon Health Science Center, Portland, OR
Zehra Siddiqui, MD, 2012 – Complementary and Alternative Medicine, Beth Israel Medical Center
Katy Mimno, MD, 2013 – Global Health Fellowship, Icahn School of Medicine at Mount Sinai
Melissa Quick, DO, 2014 – Complementary and Alternative Medicine, Institute for Family Health
Anita Ravi, MD, 2014 – Robert Wood Johnson Clinical Scholars Fellowship, Philadelphia PA
Rachel Rosenberg, MD, 2014 – Women’s Health Fellowship, Institute for Family Health
Justin Conway, MD, 2015 – Primary Care Sports Medicine Fellowship, Rutgers, Robert Wood Johnson
Seema Shah, MD, 2015 – Women’s Health Fellowship, Institute for Family Health
Alyssa Finn, MD, 2016 – Integrative Medicine Fellowship, Institute for Family Health
Alex Ritter, MD, 2016 – Palliative Care Fellowship, Mount Sinai Medical Center
Juliana Bennison, MD, 2018 – Addiction Medicine Fellowship, The Institute for Family Health
Julie Schultz, MD, MPH, 2018- Clinical Research Fellow, The Institute for Family Health
Michele Bejar, MD, 2018 – Clinical Research Fellowship, The Institute for Family Health
Anup Bhandiwad, MD, 2019 – Integrative Medicine Fellowship, The Institute for Family Health
Andrew Chen, MD, 2019 – Sports Medicine Fellowship, Cleveland, OH
Ines Teuma, MD 2019 – OB Fellowship Schenectady, NY
Tamra Travers, MD 2019 – Faculty Development Fellowship, Santa Rosa, CA
Jiana Menendez, MD, 2019- Junior Faculty, Reproductive Health Care and Advocacy Fellowship at Reproductive Health Access Project (2020) and Leadership Training Academy Fellowship at Physicians for Reproductive Health (2020), The Institute for Family Health
Julie Schoonover, MD, 2020 - ECRIP Fellow; Junior Attending Physician, The Institute for Family Health
How to Apply

All applications must be submitted via the Electronic Residency Application Service (ERAS™). No paper applications will be accepted. Applications from international medical school graduates (IMGs) must also be submitted through ERAS™. We accept applications for PGY1 positions from September 14th through December 18th.

The Residency Program Director and a selection committee composed of faculty and current residents review all applications. Of particular interest to our program are demonstration of an understanding of the principles of family medicine and commitment to working with urban underserved communities.

Invitations for interviews are extended on a rolling basis as applications are reviewed. For more information, please contact the Residency Administrator at MSDres@institute.org or 212-206-5200 ext. 5519 or 5530.
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<tr>
<th>Biopsychosocial Model</th>
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<td>Correctional Health</td>
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