



## **The Institute for Family Health**

### **Job Description**

**Position:** Nutrition and Physical Activity Coordinator

**Reports to:** Senior Program Manager, Bronx Health REACH

**Summary:** The Nutrition and Physical Activity Coordinator organizes activities related to improving health, preventing chronic disease, and reducing health disparities among Bronx residents. S/he will primarily focus on the following projects: Food Service Guidelines, Food Systems, and Complete Streets. The Food Service Guidelines work establishes healthy nutrition standards in key institutions such as senior centers, faith based organizations, food banks/pantries, early care and education, hospitals, and afterschool and recreation programs. The Food Systems work implements farm share programs at health centers and faith based institutions. The Complete Streets project works to collaborate with partners to improve physical activity by connecting sidewalks, paths, bicycle routes, public transit with destinations through implementation of master plans and land use interventions. The Coordinator will work closely with faith-based institutions, meal serving organizations, health centers, NYC agencies, and other organizations in the Bronx to implement policy, systems and environmental changes.

#### **The Institute for Family Health**

The Institute for Family Health is a federally qualified health center network that has provided health care services in the Bronx since 1985. It currently serves over 115,000 patients annually at 32 locations, including six sites in the Bronx, including five sites in the Bronx, offering primary care, mental health, dental care, and social work services to patients of all ages, regardless of their ability to pay. It also operates three residency-training programs in family medicine and trains health professional students at all levels through the New York State Area Health Education Center program.

#### **The Bronx Health REACH Coalition**

Since 1999, the Institute has led The Bronx Health REACH Coalition, which aims to eliminate racial and ethnic disparities in health outcomes in diabetes and heart disease in African American and Latino communities in the Bronx. The coalition includes community residents, community leaders, faith-based institutions, multi-sectorial community-based organizations and city agencies, healthcare providers, and social service agencies from across the Bronx. The project has an emphasis on policy, system

and environmental changes, community outreach, health education, evaluation and dissemination.

### **Towards a Healthier Bronx (THB)**

Towards a Healthier Bronx (THB) is a multi-sectorial effort to use evidence-based policy, systems and environmental (PSE) improvements to improve health, prevent chronic diseases, and reduce health disparities in high-need Bronx communities. The PSE changes achieved through the Coalition's work will be augmented by robust communications and evaluation strategies designed to foster sustained community engagement, document impacts, and disseminate best practices.

### **Responsibilities:**

- Coordinate the implementation of all THB activities related to Food Service Guidelines, Farm Share Programs and Complete Streets in the Bronx.
- Assist with the planning and implementation of Boogie on the Boulevard; an annual outdoor event celebrating art, active living, and public space in the Bronx.
- Collaborate with NYC DOHMH, NYC Parks and Recreations, Department of Transportation, City Planning and other city, Bronx and NY State agencies as appropriate on program related activities.
- Assist in organizing the efforts of the Nutrition and Fitness Workgroup.
- Assist in the design and conducting of all THB related program evaluation.
- Performs any other duties as deemed necessary and/or appropriate by the Bronx Health REACH Director.

### **Requirements:**

- Masters Degree in Nutrition, Public Health, Public Administration or related degree with three+ years related experience.
- May consider a Bachelors degree in health education if the candidate has at least 5 years of considerable experience in nutrition and physical activity/ physical education initiatives.
- Strong background in the development and implementation of community based nutrition and physical activity programs geared towards wide-scale system and environmental changes for low income, ethnically and racially diverse populations.
- Bilingual (Spanish/English) preferred.
- Excellent written and verbal communication, interpersonal, and organizational skills.
- Proficiency with computers including but not limited to MS Word, Excel, Power Point, Database program, the Internet and some knowledge of web-based publishing.

Please contact Rachel Ingram, Senior Program Manager, at [ringram@institute.org](mailto:ringram@institute.org) if you are interested in this position.